

HEART FLUTTER PRINT PLATE

Simple Techniques - Stunning Effects



MATERIALS

DB37467 Squrve Dinner Plate
Liner Brush
Medium Brush
Word Pattern
Pen
NCR Paper or Tissue Paper
Water based Maker
Writing Bottle

COLORS

CMM 5 - Carnation CMM 90- Red Hot CMM 31 - Licorice



INSTRUCTIONS

- 1. Apply the prints by applying a heavy layer of paint to the feet or the hand. We used Carnation for the hand and Red Hot for the feet.
- 2. After applying the paint, immediately press the hand/foot onto the plate. Press firmly.
- 3. Use your water based marker to write the child's name next to their print.
- 4. To add the butterflies bodies, apply 2–3 coats of Licorice paint with the liner brush. If you'd like to draw it on with the marker first you can.
- 5. Use either the word pattern on NCR paper, or a marker to write out your words. Then use either a liner brush or a writing bottle to trace over the words.
- 6. To apply the hearts on the border, use your liner brush and make letter "V"s alternating between the Red Hot and the Carnation.
- 7. Finally, use your writing bottle in Licorice to write on the children's names.

TIPS

- When making the hearts, a letter V in paint translates to a heart, and give more uniform hearts than drawing them on.
- The exact colors don't matter, so feel free to vary up the colors as you'd like.
- Pale colors don't make for good prints, so avoid pastel colors.



you make my

heart flutter